

# LUNCH MENU

*Many Items can be produced Gluten Free or Vegan*

*Extra Bread Charge \$1 per person*

## Salads

*Add Chicken, Salmon or Shrimp [MP]*

**Classic Caesar** 9  
*Croutons, Asiago & Lemon*

**Mixed Greens** 9  
*Craisins, Shredded Beets & Carrots,  
Choice of Dressing*

**Beet & Orange Salad** 9  
*Roasted Beets, Orange Slices, Creamy Goat Cheese,  
Local Greens, Ginger Scallion Dressing, Balsamic Glaze*

## Entrée Salads

**Bombay Chicken Salad** 13  
*Roasted Chicken, Light Curry Sauce, Cashews, Cranberry  
Chutney, Orange Apple, Toasted Coconut*

**Cajun Chicken Salad** 15  
*Grilled Chicken Breast, Mixed  
Greens, Craisins, Shaved Carrots & Beets,  
Blue Cheese Crumbles, Spicy Ranch*

**Quinoa & Rice Bowl** 14  
*Multi Quinoa, Jasmine Rice, Lettuce, Carrots, Beets,  
Sweet Peppers, Avocado, Salsa, Lemon Chickpea Dressing  
and Choice of 1 Cheese topping,  
(add Protein of Choice MP)*

**Sauté Shrimp & Salad** 15  
*4 Shrimp Sautéed with Garlic, White Wine & Butter on  
Bed of Salad Greens & Tomato Wedges. Side of Lemon &  
Garlic Butter*

**Waldorf Salad** 9  
*Cabbage, Celery, Apples, Fennel,  
Craisins, Ginger Aioli & Spiced Walnuts  
Walnuts, Gorgonzola & Honey*

**Greek Salad** 12  
*Tomato, Cucumber, Red Onion, Mixed Peppers,  
Feta Cheese & Mixed Olives with Salad Greens &  
Red Wine & Herb Vinaigrette*

## Appetizers

**House Soup** 4/6  
*Daily Selection*

**French Onion Soup** 9  
*Parmesan & Jarlsberg*

**Crab Cake** 13  
*Orange Pesto Beurre Blanc*

**3 Oysters** 1/2 Shell or Rocketteller 9

**Vermont Cheese Plate** 12

## Main

**Turkey Cranberry Melt** 12  
*Roasted Turkey, Cranberry Chutney,  
Cheddar, Honey Oat Bread*

**Grilled Cheese & Soup** 10  
*Shelburne Farms Cheddar & Tomato  
On House-Made Honey Oat, Served  
With a Cup of House Soup  
Add French Onion 4*

**LaPlatte River Angus Burger** 14  
*Choice of Cheese, Lettuce,  
Tomato, House Bun, Pickled Vegetables & Fries  
Add Mushrooms, Bacon or Ham 2*

**Crab Melt** 14  
*Crab Cake, Lettuce, Tomato, Lemon-  
Caper Aioli, Melted Shelburne Farms  
Cheddar, Portuguese Muffin*

**B.L.T** 12  
*3 slices of Bacon, Sliced Tomatoes, Basil, Fresh  
Mozzarella Cheese, Garlic Aioli on Baguette  
Side of Pickled Vegetables*

**Reuben** 14  
*House Corned Beef, Sauerkraut, Thousand Island, Jarlsberg,  
Rye Bread, Cole Slaw*

**Crispy Chicken Sandwich** 13  
*Pan Fried Chicken Breast, Bacon, Onion, Jarlsberg Cheese,  
Chipotle Aioli, Lettuce & Tomato, on a Brioche Roll  
With Pickled Vegetables*